

TRINOR SPORTS

55" My First trampoline and Enclosure

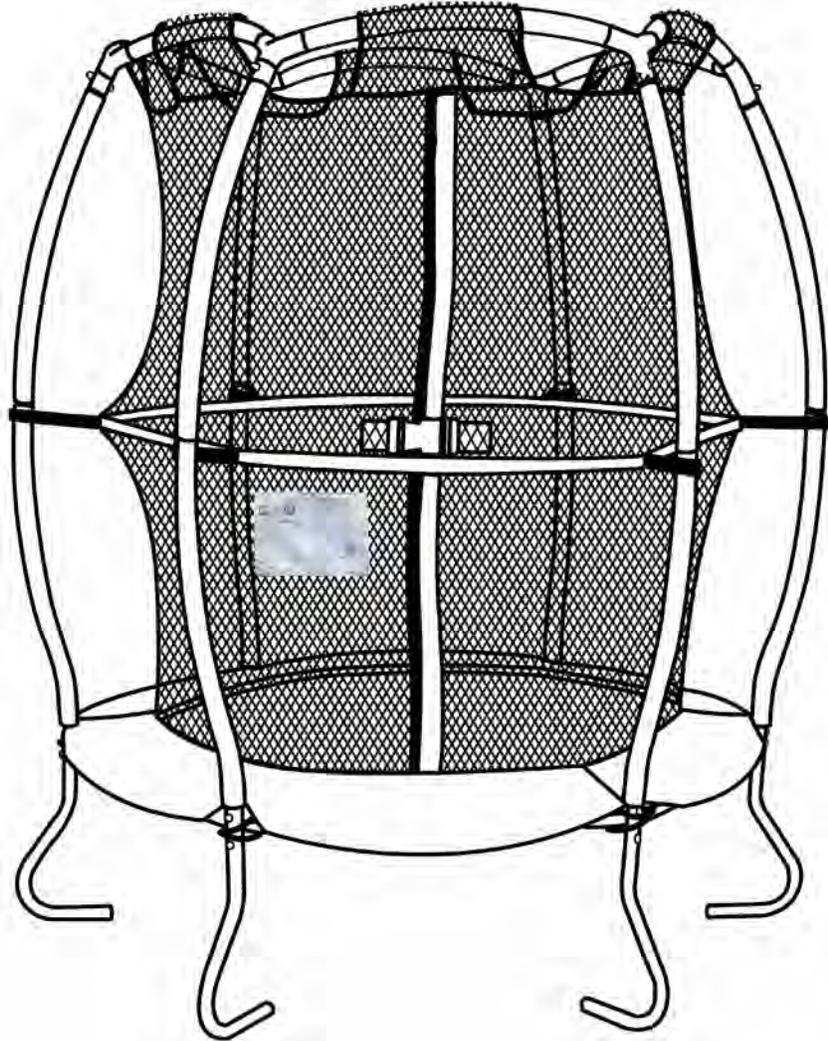
OWNER'S MANUAL

MODEL NO.
18201520550

- Assembly
- Adjustments
- Parts
- Warranty

CAUTION

You must read and understand this owner's manual before operating unit.



⚠ DANGER

- DO NOT attempt somersaults or flips. Paralysis or death can result if you land on your head or neck!
- No more than one person on the trampoline at a time. Multiple users increase the risk of injury.

⚠ WARNING

- These instructions are important to minimize chances of injury. Please read them thoroughly before you assemble and use this trampoline. Retain this manual for future reference.
- Maximum weight of the user shall NOT exceed 100lbs/45kg for this product.
- This product is intended for use by children from ages 3 to 6.
- Save this manual for future reference.

DANGER



NO SOMERSAULTS OR FLIPS – PARALYSIS OR DEATH can result if you land on your head or neck!



No more than ONE user at a time (maximum weight - 100 lbs/45 kg).



Do not use if in a cast or have previous leg, arm, head, neck or back injury.



Do not allow children less than three (3) and more than six(6) years of age to use.



Remove all hard or sharp objects including jewelry, eyeglasses, sunglasses or hairclips before jumping.



Do not use without the consent of your physician, if pregnant.

- Daily Pre-Inspection:**
- >Inspect legs for proper attachment or cracks
 - >Inspect netting for tears and sagging
 - >Inspect mat for tears or worn stitching
 - >Inspect frame for sagging or cracks



Inspect prior to use – check that the legs are properly attached and stable on the ground; mat and enclosure net are in proper place and in good condition with no tears.

INTRODUCTION

Thank you for purchasing a Trainor Sports product! This trampoline was designed and manufactured with quality materials and craftsmanship, providing fun and exercise in the enjoyment of your own backyard.

It is very important that the owners and users of this trampoline have adequate knowledge of techniques and rules for safe use. In particular, children must be supervised at all times by a knowledgeable and mature adult while using the trampoline. Take precautions to prevent access to the trampoline by children when there is no adult supervision. Also restrict access to any unauthorized users without your consent.

To reduce risks associated with users falling off the trampoline, the trampoline enclosure netting must be properly installed and used at all times. The trampoline enclosure must be closed during use to prevent the user from falling off the trampoline. The enclosure net is subject to wear from environmental factors, including UV rays, acid rain, pollution, wildlife and damage from contact with people, animals, or other objects. It is imperative and necessary to carefully inspect the net prior to any use. Such inspection should include a careful examination to look for any discoloration, frays, tears, cuts, holes, punctures, stitches that look worn and for proper attachment to the trampoline. If any of these conditions are evident, the trampoline must not be used and the netting material must be replaced immediately. Any of the factors listed above could cause the net to fail and therefore it must always be carefully inspected before every use.

Please also ensure proper placement of this product to avoid injuries. The best surface to place your product is over flat dirt or grass, with no obstructions beneath or around the product. The product must not be used in windy conditions as wind can cause unexpected movement of the product. The product must be properly stored away or disassembled completely during severe windy conditions. If you live in an area where there are winds strong enough to move the product, you should consult a local contractor about ways to secure the product in your location.

For additional information concerning the trampoline equipment contact **Dyaco Canada Inc.** at 1-888-707-1880 or write to the following address: 6050 Don Murie, Niagara Falls, Ontario L2G 0B3 or email us at: customerservice@dyaco.ca

Read all instructions in this manual carefully before assembling or using this product. Keep this manual in a safe place for future reference.

DO NOT RETURN PRODUCT TO THE STORE. PLEASE CONTACT OUR CUSTOMER SERVICE FOR PARTS OR ASSEMBLY INSTRUCTIONS. STORES ARE NOT EQUIPPED TO PROVIDE CUSTOMER SERVICE FOR THIS PRODUCT.

DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
 - Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
 - Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.
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DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
- Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
- Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.

WARNING

Carefully read and understand all of the instructions and safety warnings in this manual before assembling and using this product. It is the responsibility of the owner of this trampoline to ensure that all users of this product are fully informed on the proper safe use and the inherent risks of jumping on a trampoline. Failure to do so can result in serious injury or death.

Before you start to assemble...

- Check the package and make sure you have all of the parts listed in the Parts List section of this user manual. IF ANY PARTS ARE MISSING, please call the Customer Service toll-free number listed on the cover page for assistance.
- Do not install or use the product if any parts are missing or damaged. Store in a safe place until ready to install.
- Make sure that you have plenty of space and a clean dry area suitable for the assembly of this trampoline. **IT IS ESSENTIAL THAT THE INTENDED SITE FOR THIS TRAMPOLINE IS COMPLETELY FLAT AND LEVEL.** If the ground is uneven, this could cause movement in the frame and stress on the joined sections of the frame that could damage the trampoline and/or can cause serious injury.
- Two adults are needed to assemble this trampoline.
- Heavy gloves must be used to protect your hands from pinch points during assembly and goggles must be worn to avoid injuries to the eyes.
- This pack may contain small parts and is not suitable for children under three (3) years of age to be nearby during assembly.
- **IMPORTANT:** Save this manual for future reference.

Before using the product...

- Use of this trampoline requires constant adult supervision. Use the trampoline only with mature and knowledgeable **ADULT** supervision.
- Ensure that the trampoline enclosure has been assembled correctly, as per the instructions in this manual and that the zipper and buckles are fully attached before use.
- Trampoline is intended for use by children from ages 3 to 6.
- There must be no more than one person at a time on the trampoline.
- Maximum weight of the user shall NOT exceed 100lbs/45kg for this product.
- This product is for personal use only. **DO NOT** use in any commercial, rental, professional or stunt performance setting.

DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
 - Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
 - Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.
-

Important Warnings



Carefully read these warnings before using this product. Failure to follow these safety instructions can result in serious injury or death.

DANGER

- Only one user at any one time! Multiple users can cause loss of control, collision or falls on the trampoline. This could result in serious injury to legs, arms, back, neck or head.
- Do not use the trampoline when under the influence of alcohol, drugs or medication, which may impair the jumper's judgement.
- Always consult your physician before performing any kind of physical activity.
- Do not use the trampoline if you have high blood pressure.
- Do not use the trampoline if you have a medical history of neck or back injuries or mental or physical conditions that could cause injury.
- Do not use if the user has any broken bones (casts) or has recently been in the hospital for extensive treatments (operations, severe wounds, stitches, back injury or concussion).
- Do not use without the consent of your physician, if pregnant.
- Do not use if the user or the trampoline surface is wet. These conditions can cause the user to lose control and fall resulting in serious injury.

DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
 - Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
 - Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.
-



Carefully read these warnings before using this product. Failure to follow these safety instructions can result in serious injury or death.

WARNING

Proper Play Conditions:

- Always use the product in a well-lit area. Do not use without lighting during dawn, dusk or in complete darkness!
- The trampoline must be placed on a surface that is **COMPLETELY FLAT AND LEVEL**. If the ground is uneven, this could cause movement in the frame and could cause stress on the joined sections of the frame that could damage the trampoline and/or can cause serious injury.
- **DO NOT** install or position this trampoline on a hard surface such as concrete, tarmac or paving. Suitable surfaces are grass, sand or a play area covered with an appropriate depth of play bark material.
- Maintain clear space on all sides of the product. Make sure that there are no hazardous objects above, below or near the trampoline. Such objects include walls, fences, tree limbs/trunks, electrical power wiring, rocks, sprinkler heads or other recreational objects (i.e. swing sets, swimming pools). Children can be seriously injured by colliding with such obstacles.
- It is recommended to not leave this product outside. The product should be stored indoors when not in use.
- The product must not be used in windy conditions as wind can cause unexpected movement of the product. Wind can cause the trampoline to be lifted off the ground and become airborne. This can present a danger to individuals and to property. Damage from the wind or other severe weather is not covered by the manufacturer's warranty.

DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
 - Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
 - Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.
-



Carefully read these warnings before using this product. Failure to follow these safety instructions can result in serious injury or death.

WARNING

Appropriate Use Conditions:

- Children must always be supervised while they are playing on the trampoline and must be instructed not to use the trampoline in an inappropriate or hazardous manner. Take precautions to prevent access to the trampoline by children when there is no adult supervision.
- Restrict access to the trampoline by any unauthorized users without your consent.
- Trampolines are rebounding devices, which propel the user to unaccustomed heights, and into a variety of body movements. Rebounding off of the trampoline, striking the frame or springs, or improperly landing on the trampoline mat may cause serious injury.
- Always start and maintain your jump at the center of the trampoline mat in order to reduce the risk of landing on the frame or springs or falling off the trampoline.
- Avoid bouncing too high. Stay low until you can control your bounce and land consistently in the middle of the trampoline mat.
- Ensure the trampoline frame and elastic cords or bungee cords are fully covered by the frame pad to avoid any direct contact with metal parts.
- Do not stand or jump on the bungee cords while using the trampoline. The bungee cords are not designed to support such stress and weight. This can result in serious injuries and/or product damage. If you see any signs of stretched or damaged bungee cords, do not use the trampoline until replacement springs are properly installed. Please contact our customer service representatives to order original replacement parts.
- The trampoline is several feet off the ground. Jumping off the trampoline to the ground or any other surface may result in injury. Smaller children may need assistance getting up onto or down from the trampoline. Mounting and dismounting properly should be followed as a strict rule. Users should climb onto the trampoline by placing their hands on the frame and stepping or rolling up onto the frame, across the springs and onto the mat. Do not step directly on the frame pad or grasp the frame pad when mounting or dismounting the trampoline. To dismount, jumpers should walk to the side of the mat, bend over and place their hands on the frame, then step from the mat to the ground. Users should always place their hands on the frame while mounting or dismounting.
- Do NOT use the trampoline as a springboard to jump onto other objects.
- Remove all objects not designed for use with the trampoline from the trampoline before use. Do not let children take toys or other items onto the trampoline

DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
 - Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
 - Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.
-



Carefully read these warnings before using this product. Failure to follow these safety instructions can result in serious injury or death.

WARNING

- Do not jump or step onto the frame pad as it was not designed to support the weight of a person.
- Do not use the trampoline while holding or wearing any type of sharp or pointed objects such as jewelry, watches, rings, eyewear and necklaces before using this product. This will prevent the jewelry from tearing the mat or getting caught in the enclosure netting.
- Do not wear loose fitting clothing that may catch or snag during play.
- Never wear footwear (e.g. shoes) when using the trampoline.
- Always tie back long hair so that it does not block user's vision or get caught in the enclosure netting.
- FRAME PADS – Frame pads are there to protect user from any fall or landing on the bungee cords and frame. On no account should people be permitted to sit or stand on them when the trampoline is in use. You should also make sure that smaller users do not use the inside edges of the pads as a “handle” when getting up on to the trampoline.
- Never use the trampoline without the frame pad being securely attached. Properly tie down the frame pad before each use. Improper assembly of the frame pad may lead to injury!
- Always check to ensure there are no obstructions or objects under the trampoline. Also check that there are no pets or other people underneath the trampoline.
- Do not jump on the trampoline with a snowboard, skateboard, roller blades, bicycle or any other equipment. DO NOT hold any foreign objects not authorized by the manufacturer in your hand and DO NOT place any objects on the trampoline while anyone is jumping on it. Please be aware of your surroundings to ensure there are no objects that could cause harm when you are playing on the trampoline.
- The frame of your trampoline is made of steel and it will conduct electricity. No electrical equipment (lights, heaters, extension cords, household appliances, etc.) should be permitted in or on the enclosure under any circumstances to avoid the risk of electrocution.

Enclosure Netting and Mat – Appropriate Use Conditions

- Children MUST NEVER be left unattended inside the enclosure at any time.
- The enclosure is ONLY intended to be used to reduce the risk of injury from falling off the trampoline. Do not intentionally kick, bounce against, climb on, hang from, jump over or crawl under the netting.
- Enter and exit the enclosure only through the zipper door. Do not go through the gap between the netting and the mat. Trying to exit this way poses a risk of strangulation, especially for young children.
- The enclosure netting and mat must be inspected prior to each use. If there are any signs of weakness, you must stop using the trampoline immediately, properly store the trampoline and restrict access by users until a new Dyaco authorized replacement netting or pad is installed. Please refer to the Trampoline Net & Pad – Maintenance Requirements section contained in this manual for further details.

Important Instructions for Enclosure Netting and Mat



Failure to follow these instructions to ensure proper operational condition of your trampoline may lead to serious injury or death.

1. Maintenance of Trampoline Enclosure Net, Mat and Pad

Enclosure nets and padding are prone to wear and tear like tires on a car. Gradual deterioration of the material will occur; the speed of which will depend on the level of exposure to UV rays, airborne pollution and outdoor weather conditions such as rain and wind.

The net and padding needs to be properly maintained and checked by following the Maintenance Schedule set out in these instructions. When the material shows any signs of weakness, you must stop using the trampoline immediately, properly store the trampoline and restrict access by users until a new replacement net or padding is properly installed.

Official replacement nets and pads can be purchased by contacting our authorized customer service by toll free number 1-888-707-1880

2. Maintenance Requirement for Enclosure Net

Your trampoline enclosure netting is manufactured with UV resistant material. Despite this the netting is exposed to the outdoor elements including sunlight, wind, rain and wildlife. The net surrounding the trampoline must be checked prior to each use. This includes, but is not limited to inspecting the net for cracks, excess wear, brittleness, and stretching. Also inspect all connections and the entire enclosure for overall integrity. The net must be immediately replaced if it shows any signs of wear, damage, stretching, cracking, looseness, brittleness or other losses in integrity. The following Maintenance Schedule must be followed:

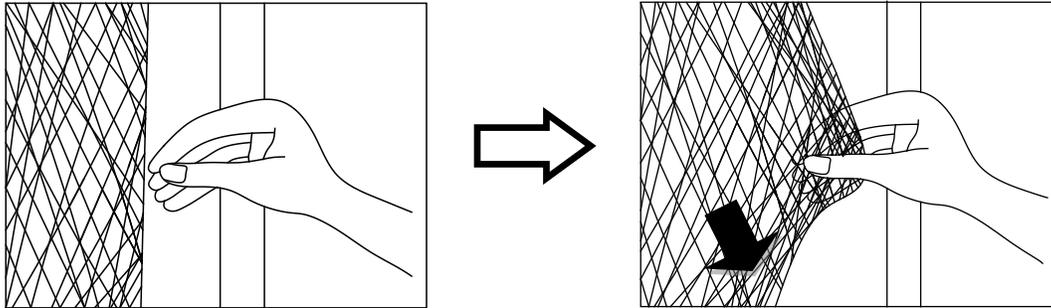
1 to 3 Months	3 to 6 Months	6 to 12 Months
Inspect the enclosure (net, net hanger, and straps) prior to every use.	Thorough inspection for UV damage and prior to every use for net, net hanger and straps.	Thorough inspection before every use on net, net hanger, straps, zippers, ties and strings. Replace after 12 months or earlier if necessary.

IT IS RECOMMENDED THAT THE NET BE REPLACED ON A YEARLY BASIS UNDER NORMAL USE, EVEN IF IT DOES NOT SHOW ANY VISIBLE SIGNS OF DAMAGE.

How to Inspect the Trampoline Net for Proper Use

Always check the enclosure netting for signs of UV damage, deterioration, brittleness, cracking, and tearing every time before using the trampoline and enclosure.

Step 1 - Inspect the enclosure netting before **EACH** use for wear or tear by pinching and pulling a section of the netting between fingers and pulling downward. Please see diagram below.



If it produces any tear or cracking or ripping sound, then the net is unsafe and **MUST** be taken down immediately. **STOP USING THE TRAMPOLINE ENCLOSURE IF YOU FIND ANY SIGNS OF WEAR OR TEARING ON THE NETTING.**

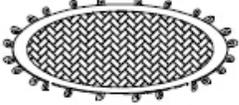
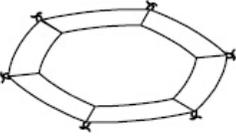
Step 2 - Walk around the whole perimeter of the trampoline to visually check for material deterioration or other damage.

1. Maintenance Requirement for Trampoline Pad

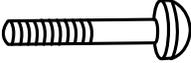
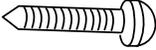
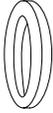
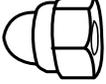
Walk around the whole perimeter of the trampoline to visually check for material deterioration, tears, looseness, loss of elasticity or other damage in the pad.

It is recommended to replace the trampoline enclosure net and pad every 12 months or earlier if there are any signs of wear, tear, brittleness, cracking, stretching or any other signs of weakness. New enclosure netting and pad can be purchased through our authorized service center (toll-free number 1-888-707-1880).

Trampoline and Enclosure Parts List

Key Number	Diagram	Description	Quantity
82HJ5205501		Leg support	6pcs
82HJ5205502		Top Rail with Socket	6pcs
82HJ5205503		Top rail	6pcs
82HJ5205504		Lower Enclosure Pole	6pcs
82HJ5205505		Upper Enclosure Pole	6pcs
82HJ5205506		Top frame tube	6pcs
82HJ5205507		Connector	6pcs
82HJ5205508		Trampoline mat with loop	1pc
82HJ5205509		Frame pad	1pc
82HJ5205510		Enclosure net	1pc
82HJ5205511		Rope	1pc
82HJ5205512		Elastic cord	6pcs

HARDWARE:

Key Number	Diagram	Description	Quantity
A		Screws (M6 x 36mm)	12pcs
B		Screws (M6 x 45mm)	6pcs
C		Screws (M4 x 13mm)	12pcs
D		Washer (Dia5*14mm)	36pcs
E		Spring Washer	12pcs
F		Nut cap	18pcs
G		Spanner	1pc
H		Allen key	1pc

Assembly and Installation Instructions



Review all steps before assembly and read all precautions before using this product. Failure to do so can result in serious injury or death.

During periods of non-use, this trampoline and trampoline enclosure can be easily disassembled and stored by reversing the order of installation.

WARNING

- **At least two people are required to assemble the trampoline and trampoline enclosure.**
- **Protective gloves should be used during assembly to avoid pinching of hands.**
- **Protective goggles should be worn to avoid injuries to the eyes.**

WARNING

For appropriate use of the trampoline, please assemble the trampoline in a location that meets the following conditions:

- The minimum overhead clearance required is 10 feet.
- Place the product on a slip-resistant and level surface indoors, such as on carpet or on a large rubber mat. Do not place the trampoline on smooth or slippery surfaces such as a concrete or tiled floor. Make sure there are no obstructions beneath, above, or around the product.
- Clear any obstructions from beneath the trampoline and maintain clear space around the trampoline. Do not place the trampoline near walls, fences, other play equipment, etc.
- Make sure the trampoline is installed in a well-lit area.
- Trampoline should be placed in an area where access can be restricted from unauthorized use, for example, neighborhood children without your consent and supervision.

If you do not follow these guidelines, you increase the risk of injury or death.

PRIOR TO ASSEMBLING

Before assembly, please ensure that you have all the parts required to assemble the product. If you are missing any parts, please contact our Customer Support agents.

NOTICE

Please do not use unauthorized Dyaco Canada Inc. parts to assemble the trampoline. This may damage the integrity of the product and will void the manufacturer's warranty.

Trampoline Frame Assembly

BEFORE YOU BEGIN: Review all steps before assembly and read all precautions before using the trampoline. At least two adults are required to assemble this trampoline. Protective gloves should be used during assembly to avoid pinching of hands. Goggles should be worn to avoid injuries to the eyes.

Step 1 – Main Frame Assembly

- Locate the following 12 pieces of steel tubing parts that are needed to assemble the trampoline frame:
6 - Top Rail with Leg Sockets (# 2)
6 - Top Rails (# 3)

Lay out all the parts on dry flat surface as shown in FIGURE 1.

Note: All parts with the same number are interchangeable and have no “right” or “left” orientation.

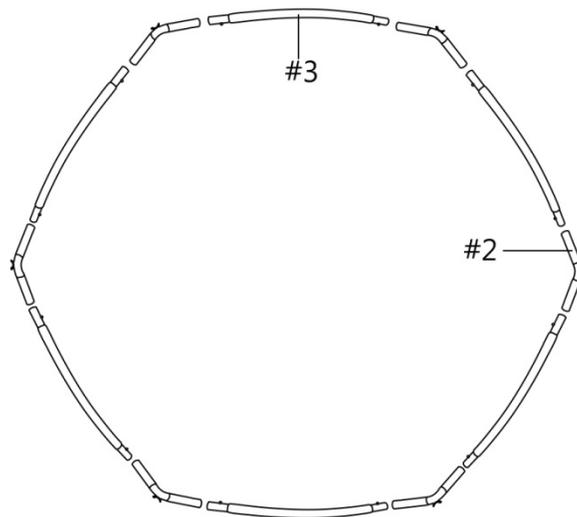


FIGURE 1

- Insert both ends of top rail (#3) to top rail with socket (#2) as shown below. Make sure all frame tubes are secured properly as shown in FIGURE 2.

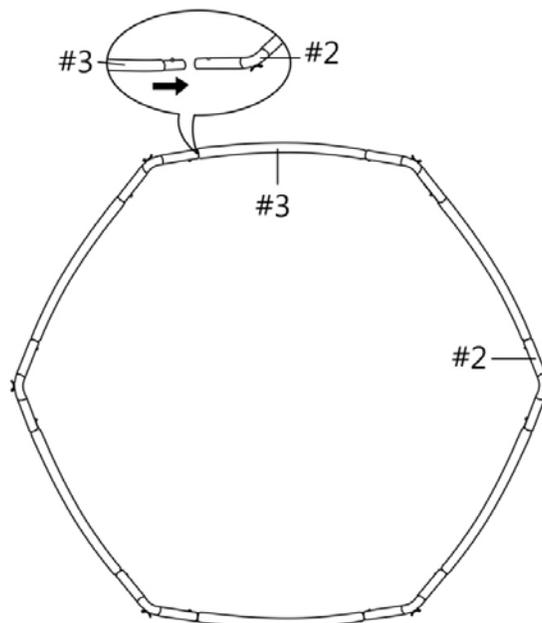


FIGURE 2

Step 2 – Leg Support Assembly

- Connect leg support (#1) to top rail with socket (#2). Secure using screws (A), washer (D) (E), and cap nut (F) in the order as shown below. Repeat in the same manner for the remaining 5 leg supports as shown in FIGURE 3.

Caution: Be sure to secure screws to the bottom holes.

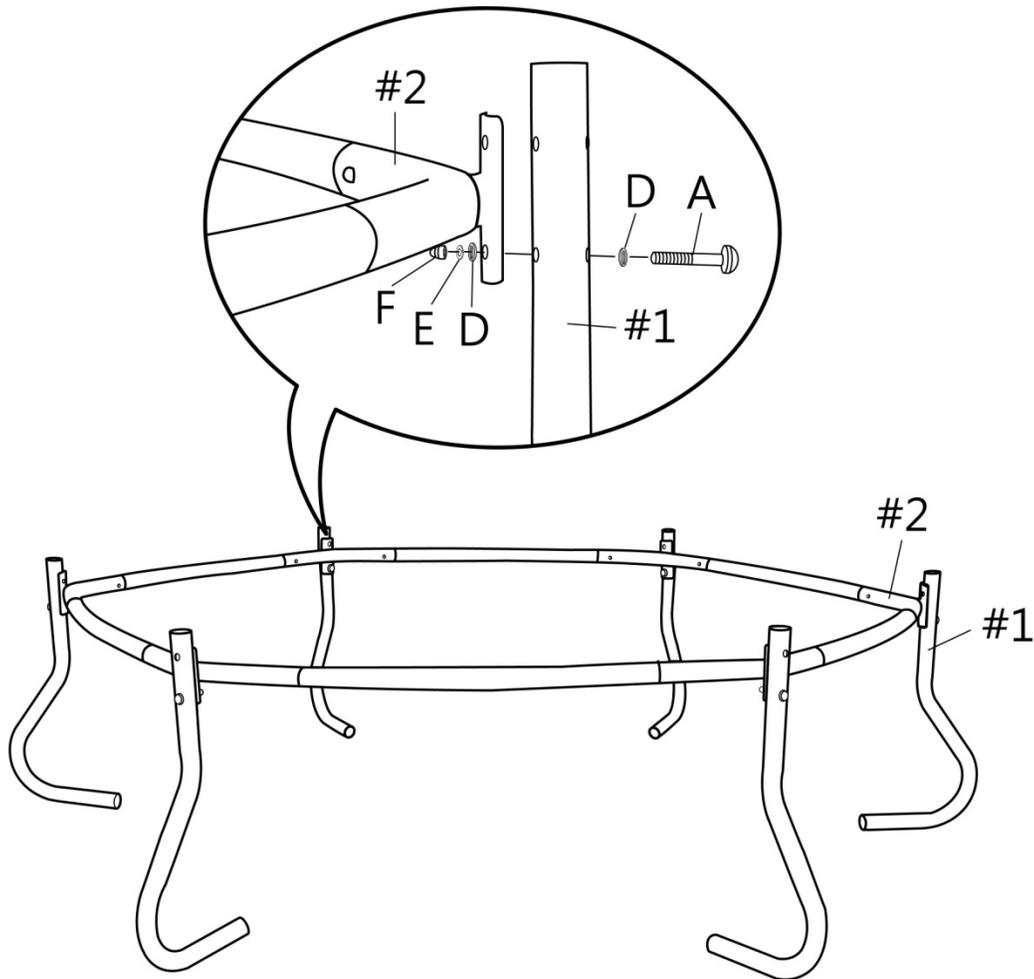


FIGURE 3

Trampoline Mat Assembly

Step 3

1. Attach one end of elastic cord (#12) to the top tube of leg support (#1).
2. Thread the elastic cord through the webbing loop on the trampoline mat (#8).
- Note: Each cord should match with 5 loops as shown below.
3. Repeat in the same manner for the remaining 5 elastic cords (#12).

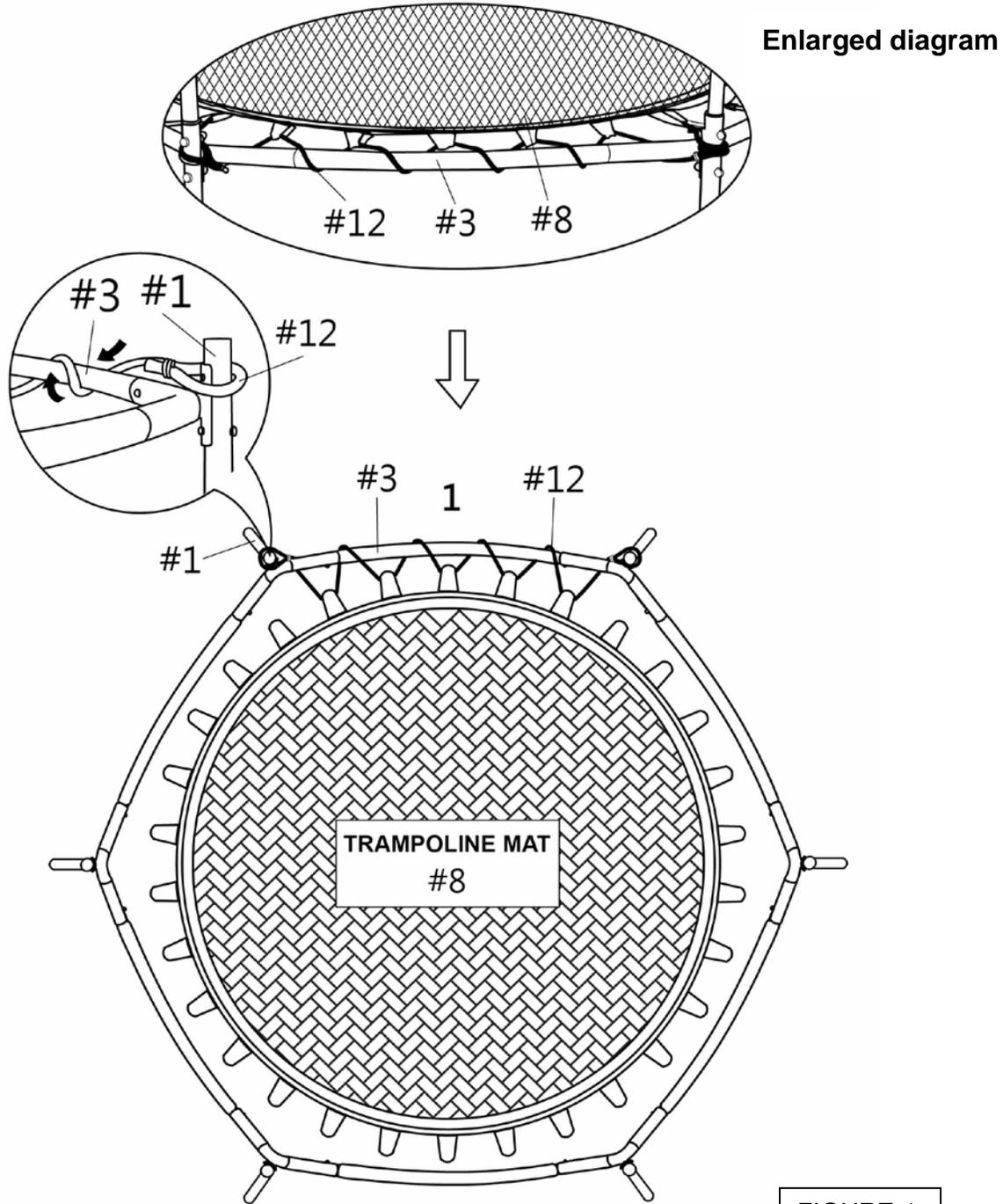


FIGURE 4

Hint: For even distribution of cord tension and ease of assembly, the cord should be assembled starting from sides 1 and 2, then on opposite side of trampoline mat to sides 3 and 4, and finally 5 and 6 as shown in FIGURE 5.

Tip: For easy assembly, elastic cord (#12) must be wrapped around top rail with socket (#3) from top to bottom, as show in the enlarged diagram.

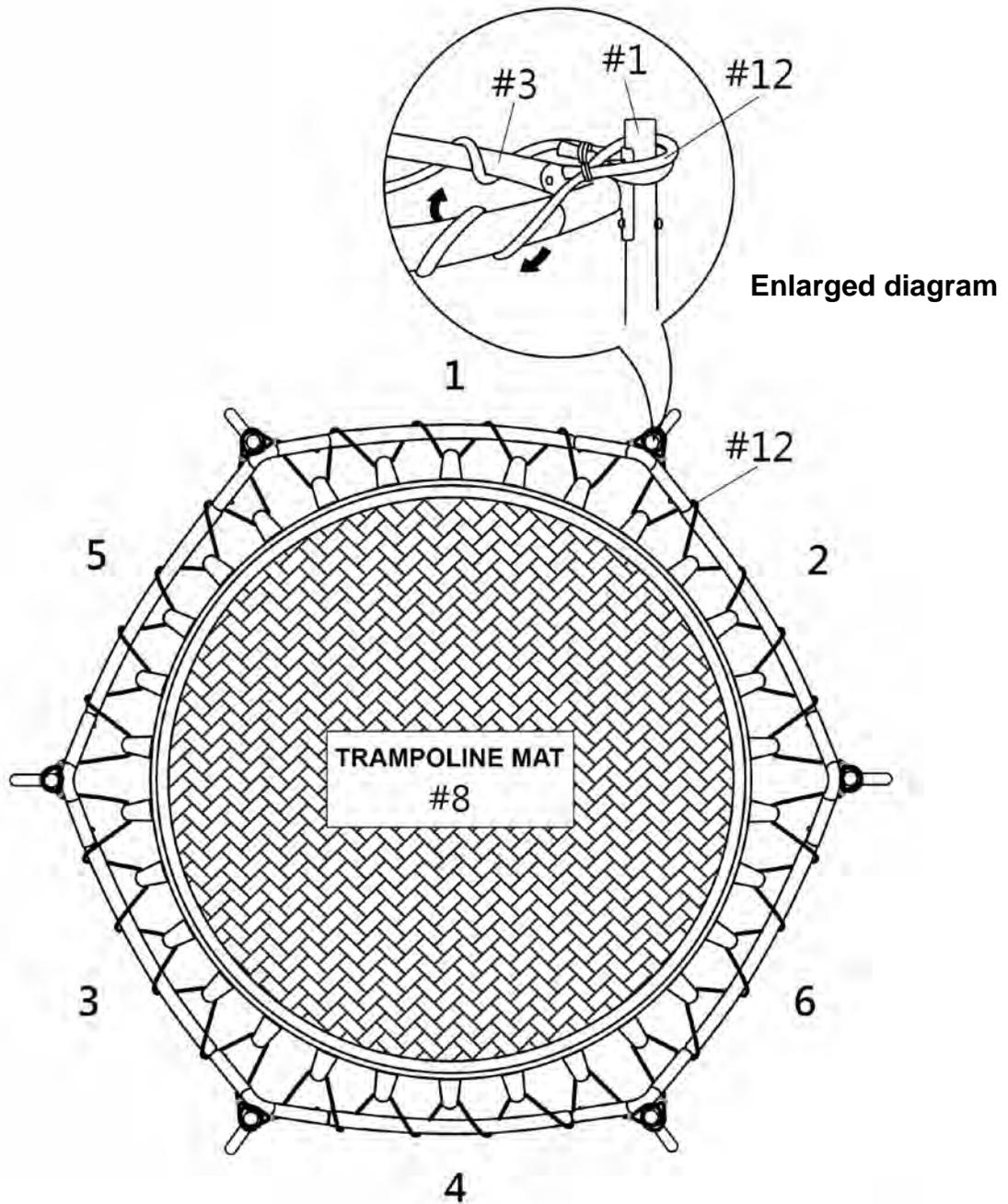


FIGURE 5

Step 4– Enclosure pole assembly

- Insert lower enclosure pole (#4) to leg support (#1). Secure with screws (A), washers (D), screw (E), cap nut (F) using Allen key (H) and wrench (G), as shown in FIGURE 6.

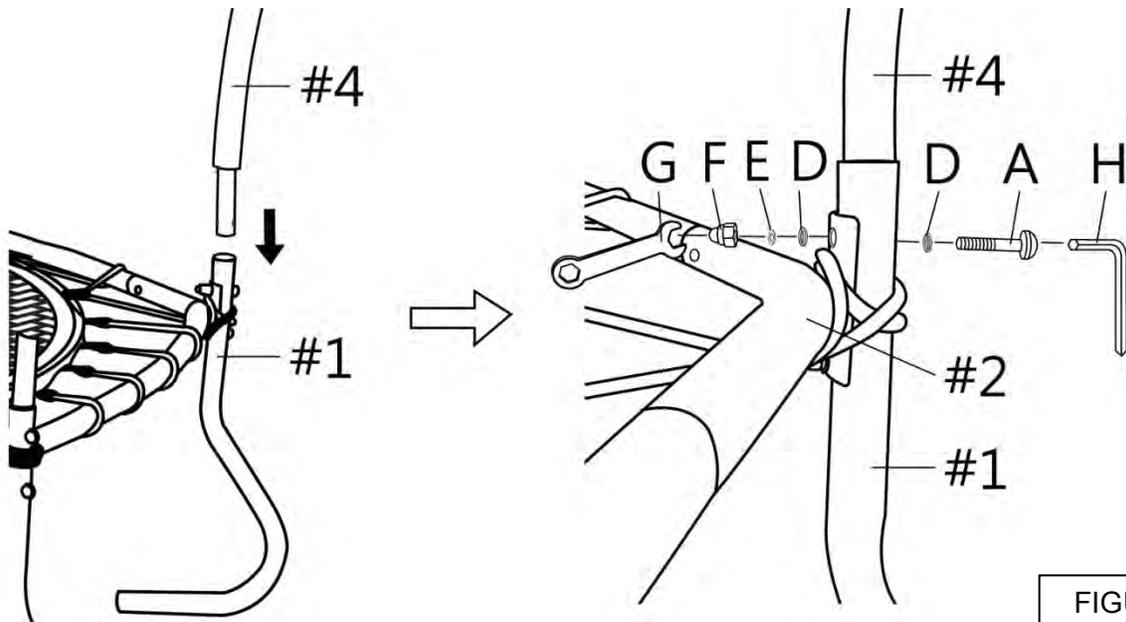


FIGURE 6

- Repeat in the same manner for the remaining 5 poles (#4) as shown in FIGURE 7.

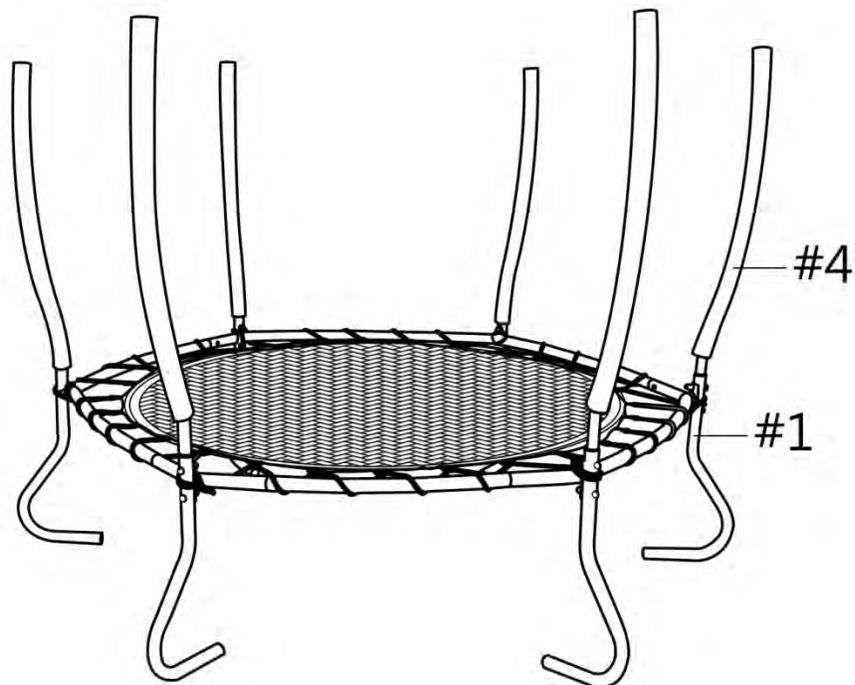


FIGURE 7

Step 5–Trampoline frame pad assembly

⚠ WARNING

Never use the trampoline without the Frame Pad, the Frame Pad reduces the risk of getting injured by hitting the metal frame or elastic cords. Inspect the Frame Pad before each and every use to ensure all exposed metal parts are fully covered by the frame pad.

- Lay the frame pad (#9) over the assembled trampoline frame. Tie the strap around the leg support (#1) as shown in enlarged diagram in FIGURE 9.

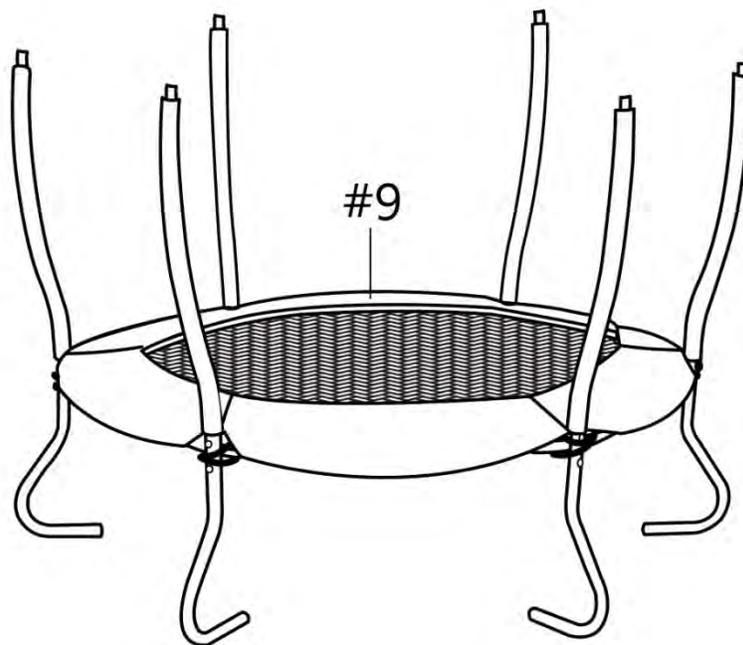


FIGURE 8

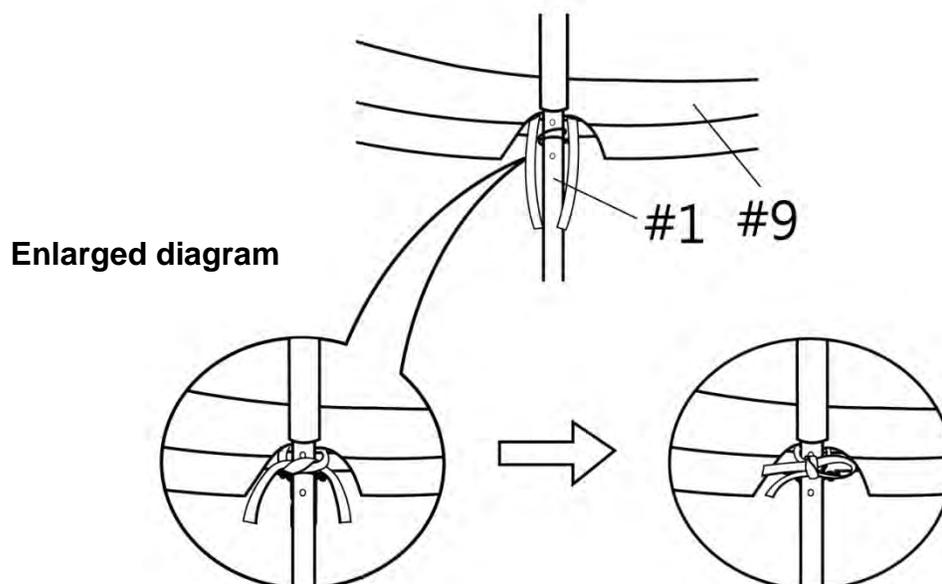


FIGURE 9

Trampoline Enclosure Assembly

Step 6– Enclosure pole assembly (upper pole)

- Loop enclosure net (#10) through the enclosure poles (#4) as shown in FIGURE 10.

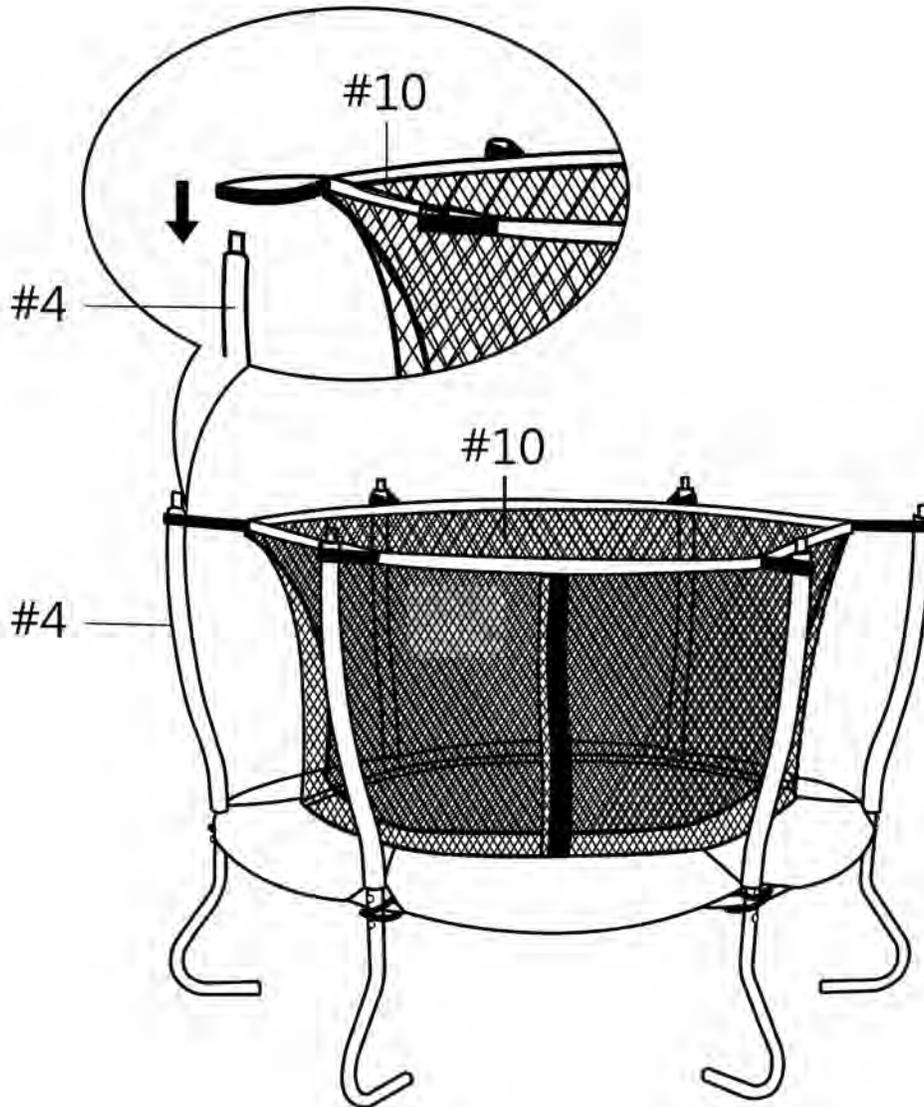


FIGURE 10

Step 7

- Attach upper enclosure pole (#5) to the connector (#7). Secure using screws (B), washers (D) and cap nut (F) in the order as shown in FIGURE 11.
- Repeat in the same manner for the remaining 5 poles (#5 and #7).

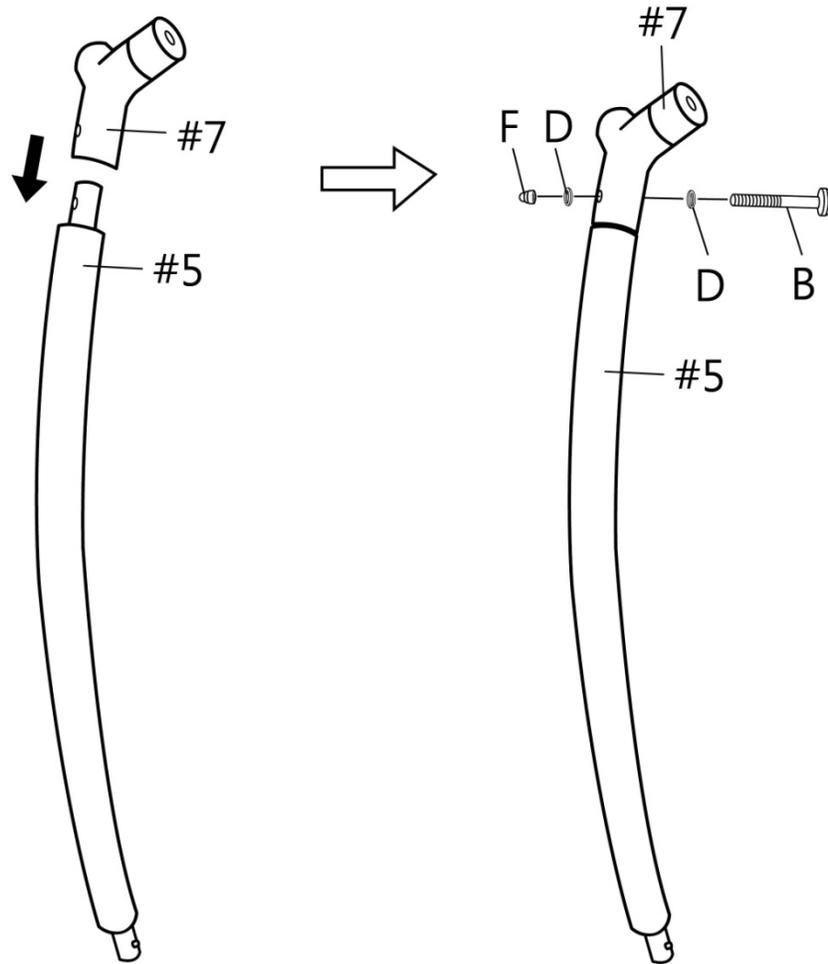


FIGURE 11

- Insert upper enclosure pole (#5) to lower enclosure pole (#4) until push button **clicks together** properly as shown in FIGURE 12.
- Repeat in the same manner for the remaining 5 poles (#4 and #5).

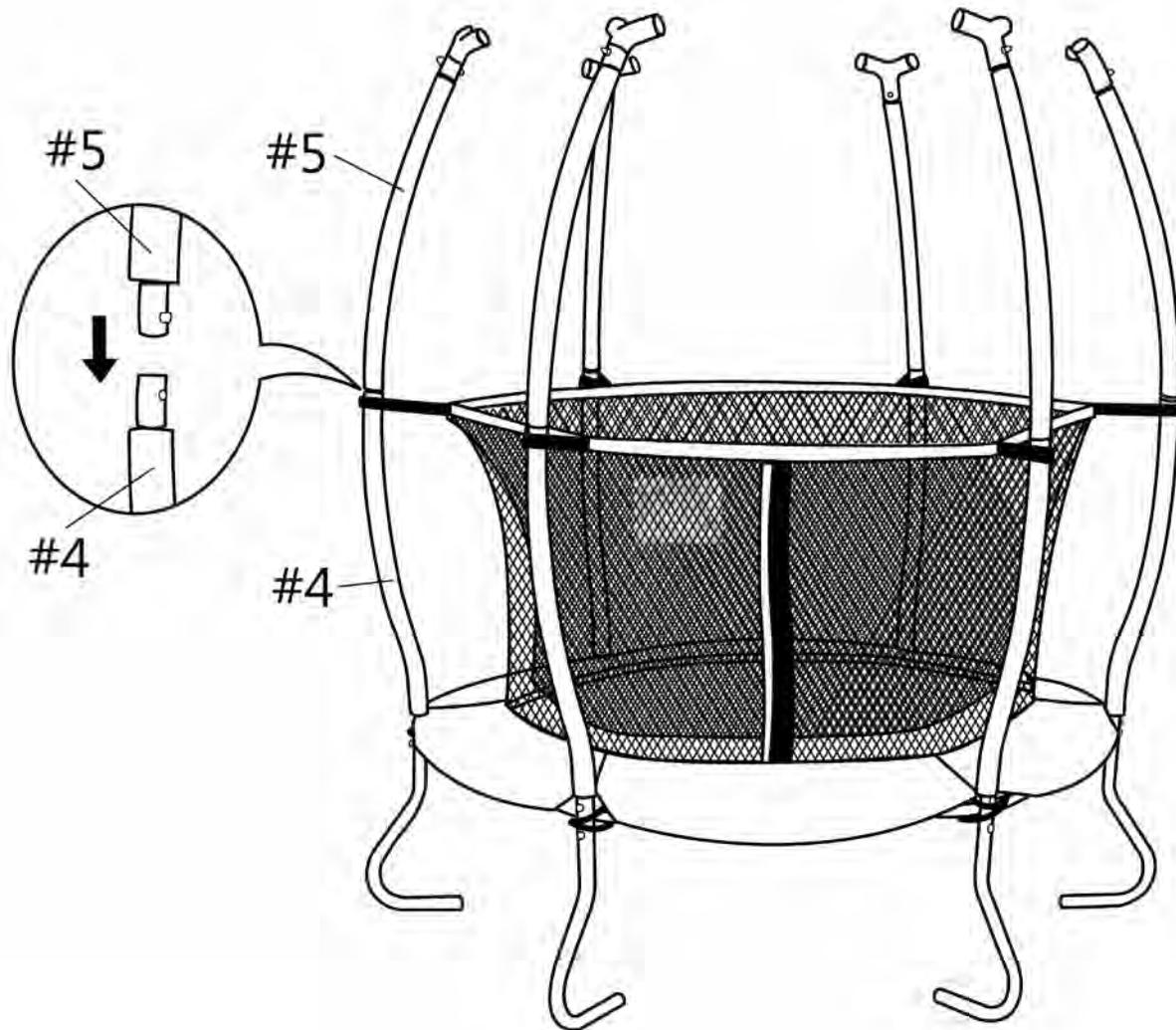


FIGURE 12

Step 8

- Insert the top frame tube (#6) through the enclosure net (# 10) and connect both ends to connector (#7) as shown in FIGURE 13.

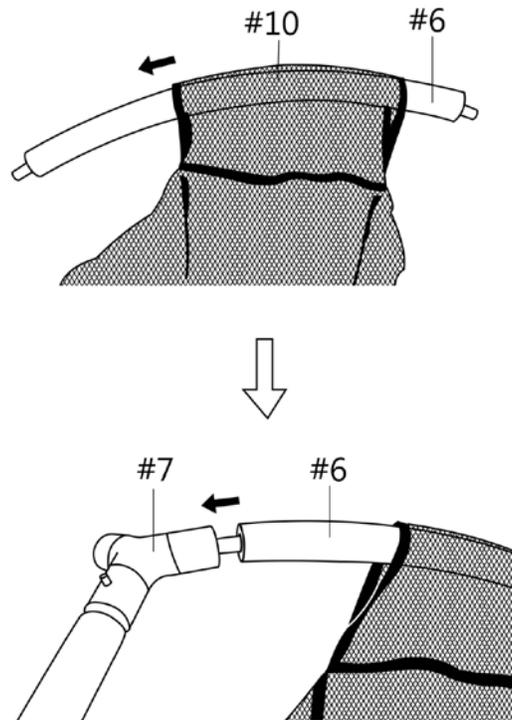


FIGURE 13

- Secure with screws (C) using Allen key (H) as shown in the enlarged diagram.
- Seal the enclosure door with Velcro and fasten the buckle as show in FIGURE 14.

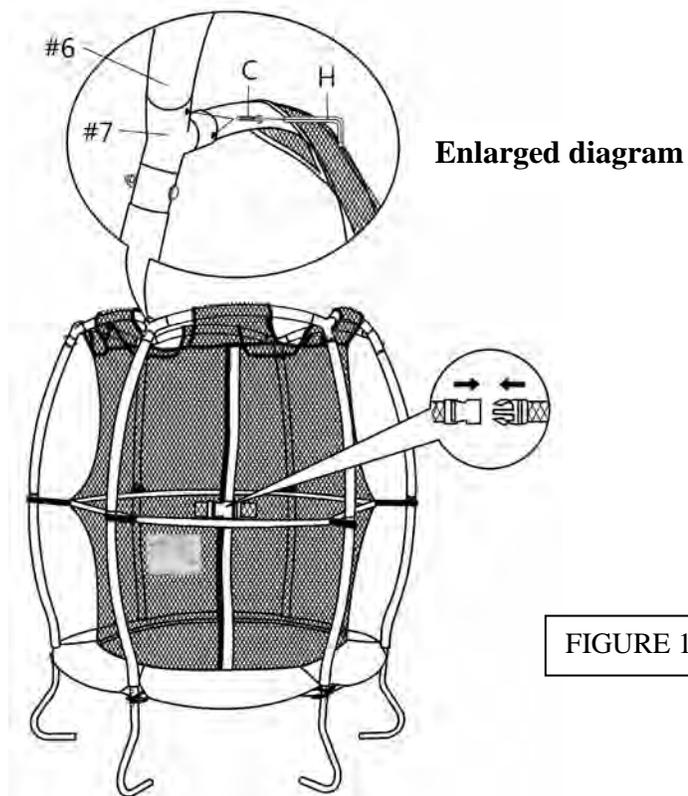
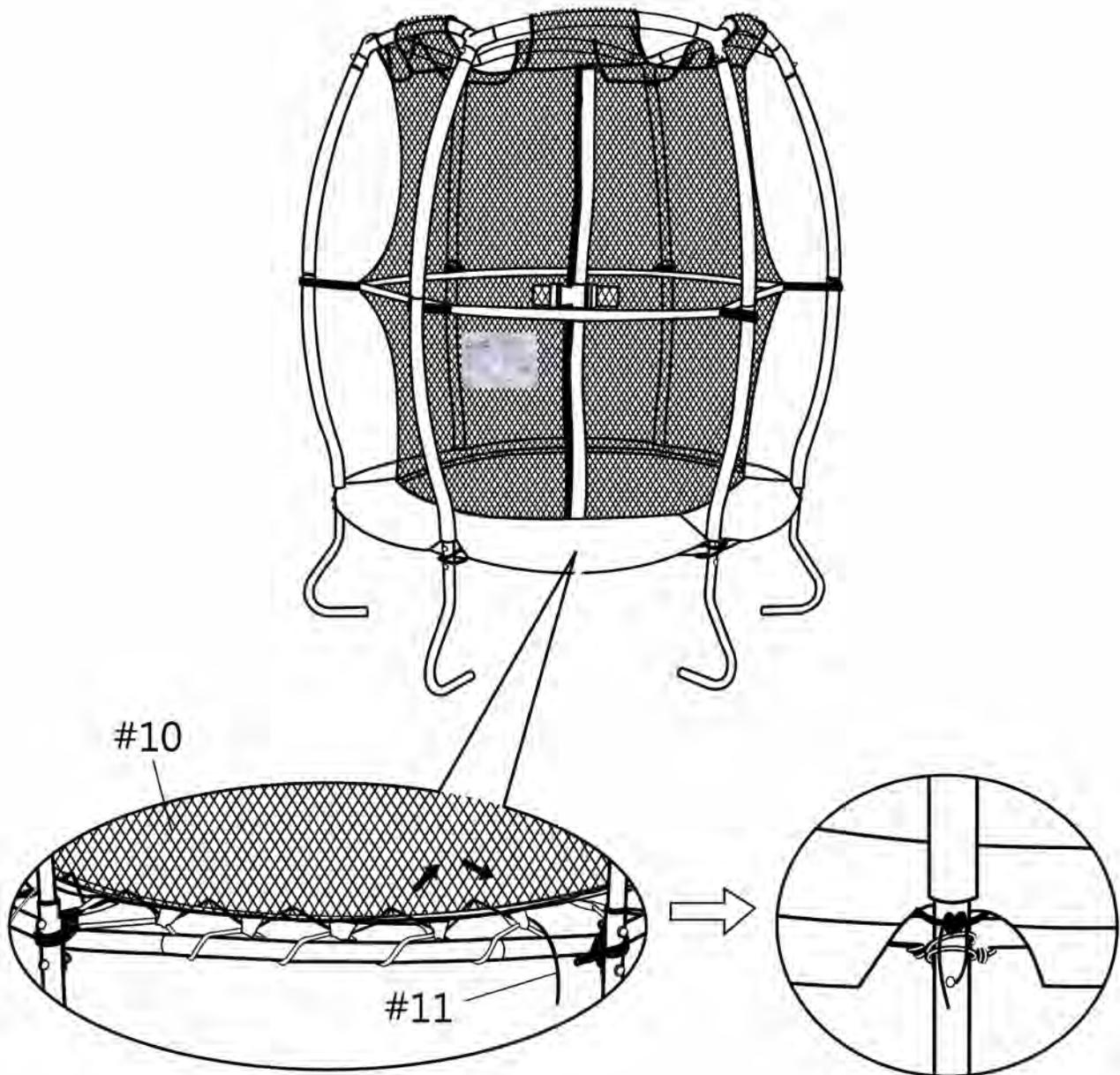


FIGURE 14

Step 9

Secure the enclosure net to trampoline frame.

- Tie one end of the rope (#11) to a loop on the mat first, then pull it through the bottom edge of net as shown in the enlarged diagram.
- Continue in this manner until the net is strapped to all the trampoline loops, then tie both ends of the rope together as shown in FIGURE 15.



Enlarged diagram

FIGURE 15

Care and Maintenance



Failure to follow these instructions to ensure proper operational condition of your trampoline may lead to serious injury or death.

WARNING

- The trampoline legs and enclosure netting must be inspected prior to every use. The legs should be locked securely into place, there should be no tears in the enclosure netting. If any part becomes damaged or worn, please stop using the trampoline immediately until this part is replaced with authorized DYACO parts.
- If you see any signs of stretched or damaged springs, do not use the trampoline until replacement springs are properly installed. Please contact our customer service representatives to order original Dyaco replacement parts.
- Please do not use unauthorized parts to assemble the trampoline. This may damage the integrity of the product and can cause injuries during use.
- To move the trampoline, it is recommended for the trampoline to be disassembled and then reassembled in the new location. However, if you need to move the trampoline a short distance for any reason, you must use duct tape or heavy industry tape to tape all leg joints together. To move the trampoline requires two or more people to lift the trampoline from contact with the ground. Do not drag the trampoline along the ground. The trampoline must be kept steady and horizontal to the ground during the move. Failure to follow these instructions may result in the leg support coming loose which may cause serious injury or death.
- The trampoline and enclosure must be stored away during harsh weather conditions including extreme wind, heat and freezing temperatures.
- Always properly store away the trampoline and enclosure when not in use and secure from any unauthorized use.
- Inspect the trampoline before each use and replace any worn, defective or missing parts. The following conditions could represent potential hazards:
 - Missing, improperly positioned or insecurely attached enclosure support system, frame padding and pole caps
 - Punctures, frays, tears or holes in the trampoline mat or enclosure support system or frame padding
 - Deterioration in the stitching or fabric of the mat, enclosure netting or frame padding
 - Broken or loose bungee cords
 - Bent or broken support system(frame)
 - Sagging trampoline mat and/or sagging enclosure netting
 - Sharp protrusions on the support (frame) or suspension system

Proper Use Instructions



Read and understand the use instructions in this manual prior to using this product. Failure to do so can result in serious injury or death.☐

Responsibilities of the user

The key here is to stay in control of your jumps. DO NOT move onto more complicated, more difficult maneuvers until you have mastered the basic, fundamental bounce. Read, understand, and practice all precautions and warnings prior to using the trampoline. A controlled jump is when you land and take off from the same location. For additional tips and instructions, contact a certified trampoline instructor.

Supervisor's or owner's role in preventing injuries

It is the responsibility of the supervisor(s) of the trampoline users to provide knowledgeable and mature supervision. They need to know and enforce all the rules and warnings set forth in this manual in order to minimize the likelihood of accidents and injuries and to inform users of these rules. During the periods of time when supervision is unavailable or inadequate, the trampoline should be disassembled and stored in a secure place to prevent unauthorized use. The supervisor is also responsible to ensure that the safety placard is placed on the trampoline and that the jumpers are informed of these warnings and instructions.

⚠ DANGER

All jumpers need to be supervised, regardless of skill level or age.

- DO NOT attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis or death, even when landing in the middle of the mat.
- Do not allow more than one person on the trampoline. Use by more than one person at the same time can result in serious injuries.
- Wear clothing free of drawstrings, hooks, loops or anything that could get caught while using the trampoline/enclosure and result in entanglement or strangulation, or both.
- Climb on and off the trampoline. It is a dangerous practice to jump from the trampoline to the floor or ground when dismounting, or to jump onto the trampoline when mounting. Do not use the trampoline as a springboard to other objects.
- Keep enclosure tightly fastened to the trampoline in accordance with the manufacturer's instructions. Failure to properly assemble and maintain a tight, secure trampoline/enclosure boundary may result in serious injury, strangulation or death.
- Completely close the opening of the enclosure before jumping. Close the opening of the enclosure after using the trampoline.
- Do not use the trampoline while under the influence of alcohol or drugs.
- Do not attempt to jump over the enclosure barrier.
- Do not intentionally rebound off the enclosure barrier.

WARNING

- Read all instructions before using the trampoline. Warnings and instructions for the care, maintenance and use of this trampoline are included to promote proper and enjoyable use of this equipment.
- Inspect the trampoline before each use. Make sure the frame padding, enclosure and the enclosure support (frame) padding is correctly and securely positioned. Replace any worn, defective or missing parts before using.
- Use trampoline only with mature, knowledgeable supervision.
- Check for loose cords and gaps. Users may become entangled in or strangled by loose cords or in gaps between trampoline and enclosure.
- Use trampoline only when the surface of the mat is dry. Wind or air movement should be calm to gentle. The trampoline must not be used in gusty or severe winds.
- Keep objects away which could interfere with the jumper. Maintain a clear area under, above, and around the trampoline.
- Do not attempt to crawl under the barrier.
- Do not hang from, kick, cut or climb on the barrier.
- Do not attach anything to the barrier that is not a manufacturer-approved accessory or part of the enclosure system.
- Enter and exit the enclosure only at the enclosure door.
- Learn fundamental bounces and body positions thoroughly before trying more advanced skills. A variety of trampoline activities can be carried out by performing the basic fundamentals in various series and combinations, performing one fundamental after another, with or without feet bounces between them.
- Stop bounce by flexing knees as feet come into contact with the trampoline mat. Learn this skill before attempting others.
- Avoid bouncing too high. Stay low until bounce control and repeated landing in the center of the trampoline can be accomplished. Control is more important than height while keeping the head erect, focus eyes on the trampoline toward the perimeter. This will help control the bounce.
- Avoid bouncing when tired. Keep turns short.
- Limit the time of continuous usage. Make regular stops. Do not jump when tired.
- For information concerning skill training, contact a certified trampoline instructor.
- For additional information concerning the trampoline equipment, contact the manufacturer.

Learning the fundamental trampoline skills

The following lessons are suggested for you to learn basic steps and bounces. Before using the trampoline, you should read and understand all warnings. A complete discussion and demonstration of body mechanics and trampoline guidelines should occur between the supervisor and student as well. The bounces are diagrammed on the following page.

Lesson 1

- A. Mounting and Dismounting–Demonstration of proper techniques
- B. The Basic Bounce–Demonstration and practice
- C. Braking (Check the Bounce–Demonstration) and practice. Learn to brake on command
- D. Hands and Knees Bounce –Demonstration and practice. Stress should be on four-point landing and alignment

Lesson 2

- A. Review and practice of techniques learned in Lesson 1
- B. Knee Bounce–Demonstration and practice. Learn the basic down to knee and back up before trying half twist to left and right
- C. Seat Bounce–Demonstration and practice. Learn basic seat bounce then add a knee bounce, hands and knees repeat

Lesson 3

- A. Review and practice skills and techniques learned in previous lessons
- B. Front Drop–To avoid mat burns and teach the front bounce position, all students should be requested to assume the prone position (face down on the ground) while the instructor checks for faulty positions that could cause injury
- C. Start with a Hands and Knees bounce and then extend body into prone position and on the mat and return to feet
- D. Practice Routine–Hands and Knees Bounce, Front Bounce, return to feet, Seat Bounce, return to feet, Seat Bounce, return to feet

Lesson 4

- A. Review and practice skills and techniques learned in previous lessons
- B. Half–Turn
 - i. Start from front drop position and as you make contact with mat, push off with arms in either the right or left direction and turn head and shoulders in same direction
 - ii. During turn, be sure to keep back parallel to mat and head up
 - iii. After completing turn, land in the Front Drop position

After completing this lesson, the student now has a basic foundation of trampoline bounces. Jumpers should be encouraged to try and develop their own routines with the emphasis on control and form.

A game that can be played in order to encourage students to try developing routines is “BOUNCE”. In this game, players count off from 1 to X. Player one starts with a maneuver. Player two has to do Player one’s maneuver and add on another. Each player must do the routine properly in the correct sequence. The first person to miss receives the letter “B”. This continues until someone spells out the word “BOUNCE”. The last remaining contestant is deemed the winner! Even when playing this game, it is important to perform your routines under control and not try difficult or highly skilled bounces that you have not yet mastered.

A certified trampoline instructor should be contacted to further develop your trampoline skills.

BASIC TRAMPOLINE BOUNCES

THE BASIC BOUNCE



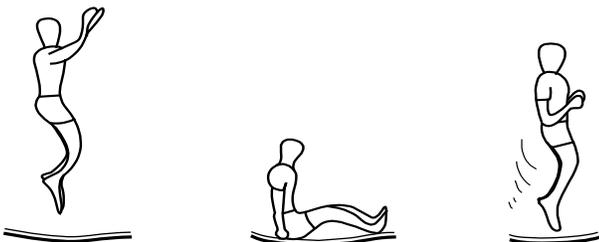
1. Start from the standing position, with your feet having shoulder width apart and with head up and eyes on mat
2. Swing arms forward and up in a circular motion
3. Bring feet together while in mid-air and point toes downwards.
4. Keep the feet shoulder width apart when landing on mat

THE KNEE BOUNCE



1. Start with the basic bounce and keep it low
2. Land on knees while keeping your back straight and body erect while using your arms to maintain balance
3. Bounce back to basic bounce position by swinging arms up

THE SEAT BOUNCE



1. Land in a flat sitting position
2. Place hands on mat besides hips, but do not lock your elbow
3. Return to erect position by pushing with hands

THE 180 DEGREE BOUNCE



1. Start with the Front Bounce position
2. Push off with left or right hands and arms (depending on which way you wish to turn)
3. Maintain head and shoulders in the same direction while keeping your back parallel to the mat and your head up
4. Land in the Prone position and return to standing position

Product Warranty

Dyaco Canada Inc. warrants this unit, to the original purchaser, to be free from defects in material and workmanship for the period of time listed below. Warranty time begins at the time of purchase. Normal wear and user's abuse are not covered in the warranty. Weather damage and other such acts of nature are not covered by the Manufacturer's warranty. Commercial use and/or transfer of ownership voids the warranty.

Trampoline

Frame	1 years
Mat Fabric	90 days
Mat Stitching	90 days
Frame Pad	90 days

Enclosure

Net Support poles	1 years
Metal hardware	90 days
Pole pads	90 days
Other components	90 days

For warranty service contact our Customer Service Dept.:

1-888-707-1880 (toll free)

Monday-Friday

8:30 A.M. to 5:00 P.M.

Eastern Standard Time

LIABILITY

While every attempt is made to embody the highest degree of safety in all equipment we cannot, however, guarantee freedom from injury. The user assumes all risk of injury due to use. All merchandise is sold on this condition, that no representative of the Company can waive or change. This equipment is intended for residential use only. This equipment is not to be used in places of public assembly such as schools, nurseries, day care centre, churches and parks. Dyaco Canada Inc. cannot assume any liability for such use. Any commercial, institutional or public use of this equipment will void the warranty.

PLEASE NOTE: ANY REPAIRS OR REPLACEMENTS MUST BE MADE USING AUTHORIZED ORIGINAL MANUFACTURER PARTS IN ORDER FOR THIS WARRANTY TO BE VALID.

DO NOT RETURN PRODUCT TO THE STORE. PLEASE CONTACT OUR CUSTOMER SERVICE FOR PARTS OR ASSEMBLY INSTRUCTIONS. STORES ARE NOT EQUIPPED TO PROVIDE CUSTOMER SERVICE FOR THIS PRODUCT.